



Nurse at night

Newborn Nurse for Nighttime Care

Hospital Checklist

Mom

- Toothbrush
- Toothpaste
- Mouthwash
- Mints, hard candy
- Shampoo/conditioner
- Hairdryer
- Hair Brush
- Soap/bodywash
- Facewash/moisturizer
- Lotion
- Hairclips/ponies
- Chapstick
- Makeup
- Bathrobe
- Slippers
- 1 Pair of pajamas
(button down top)
- 1 Gown
(for c-section moms)
- Underwear
- Socks
- Pillow
- Breastpads
- Nursing bra
- Nursing tank
- Outfit to wear home
- Contacts
- Glasses
- Shirt for pictures
(solid color)
- _____
- _____
- _____



Dad

- Toothbrush
- Razor
- Shaving cream
- 2 Changes of clothes
- Socks
- PJ pants
- Shirt for pictures *(solid color)*
- Pillow and blanket
- Entertainment
- Camera
- Extra batteries
- Phone and charger
- Laptop/lpad and charger
- Cash
- Snacks
- Contact List

Baby

- 2 Premie sleepers/outfits
- 1 Premie going home outfit
- 2 Newborn sleepers/outfits
- 1 Newborn going home outfit
- Outfit and blanket for pictures
- Baby hat or bow
- Mittens
- Nail file
- My Brest Friend
(nursing pillow)
- Swaddle blankets
- Pacifiers
- Carseat
- Baby book *(for footprints)*
- _____
- _____

