



# Nurse at night

Newborn Nurse for Nighttime Care

## Baby Shower List

### Baby's Room

- Moms on Call Swaddle Blankets (2-3) [www.momsoncall.com](http://www.momsoncall.com)
- Nail clippers with the white handgrip
- Crib (bought new or within past 5 yrs)
- Firm crib mattress (bought new or within the past 5 years)
- Breathable Mesh Bumper pad
- Crib Sheets (4-6)
- Short Sleeve Onsie (10)
- Light Cotton Sleeper with footies (6-8)
- Video Monitor
- Sound Machine for adults (white noise only)
- Plug covers (they even make ones that cover outlets where things are plugged in)
- Cool Mist Humidifier - use as needed
- Carbon Monoxide and smoke detector



### Bathroom

- Baby hair and body wash - pump style
- Washcloths 6-8 baby size, 2-3 regular
- Adult sized towels 4-6
- Hand towels 2-4
- Baby brush with medium bristles
- Anti-skid mat for bottom of the tub

### Changing Station

- Bulb Syringe (keep the one they give you at the hospital)
- Kirkland's Diaper Wipes (Costco) - 900 count
- Changing Pad (*You can put rug grippers or velcro tape underneath the changing pad, where it touches the dresser, to help keep it from slipping.*)
- Changing Pad covers (4-6)
- Diapers (Pamper's Swaddlers are our favorite for babies under 12 pounds)
- Digital Thermometer (2 - one for the diaper bag)
- Basket with the recommended diaper rash items from "General Shopping List"



### Feeding

- Gerber First Essentials with latex Nipples - 9 Five Oz. Bottles and 9 Nine Oz. bottles
- Dishwasher basket for bottles/nipples
- Bottle brush to clean inside of bottles
- Breastfeeding pillow
- Regular adult pillows to prop behind your back and under your arms for support (4-5)
- Breast pump - you can rent this from hospital, you'll want the electric one
- Long handled infant spoons (6-8)
- Small bowls (6-8)
- Formula (you will get samples from the hospital)
- Breastmilk storage bags
- Spill-proof Sippy Cups (4)





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### General Items

- Bouncy Seat (get two if you have a 2-story house)
- Carseat - new with additional bases for all caregivers' vehicles
- Baby swing
- Stroller (light enough for you to manage)
- Soft Center Pacifiers from Gerber
- Cloth Diapers (6-8 to catch the leaks when we burp the baby)
- Standard baby blankets (3-4 for tummy time on the floor, putting over them in the carseat, bouncy seat or swing)
- Age-appropriate baby toys are great but in the first six months, the most fun and interesting thing in the world is you.

### Optional Items you will NOT need:

*Baby Comforter  
(no loose blankets in the crib)*

*Baby plastic bathtub  
(we will wash the baby in the big person bathtub)*

*Diaper Wipe Warmer  
(we like the wipes to be refreshingly cool)*

*Breast-like nipples for bottles  
(old-fashioned style nipples work best in our vast experience)*

*Crib Mobile  
(babies learn by association. We want them to associate crib with sleep time, not playtime)*

